

FYI

We were delighted to fill the Guild Hall at the Holiday Inn, Oshawa on Friday November 13 for the seventh year. It was a lovely evening with amazing food, great company and beautiful piano accompaniment by Derek Oger on the hotel piano. We shared a video from Focus on the Family entitled "Behind the Door" that walked through the use of rooms in a previous abortion clinic and then we celebrated how God is using the same place now!



Can you help?

Rebecca Kiessling (www.rebeccakiessling.com) shared her personal story of learning about the circumstances of her birth as an 18 year old adoptee. It was a shocking revelation that has become part of a powerful ministry she has, particularly with college and university students.

A DVD will be available of the dinner including Rebecca's presentation. Just call in and request and we will be happy to share that with you!

Prayer & Praise

- * Praise for a great dinner again this year. We were able to raise over \$17,000 with about 150 guests joining us.
- * Pray for the children of our single parents – more than 65% live in these kinds of family. Pray that parents will negotiate means to keep their children connected with the non-custodial parent when it is safe for the child to do so.
- * Praise for our prayer chain and the special way they volunteer at the Centre. Their prayers mean a great deal to our clients.
- * Pray for our continued plans to grow the ministry. We want to grow our impact on Durham Region and those who are alone and lonely as they cope with their sexual choices.
- * Pray that we can help your church to be more involved with the PHC. We want to be a strong link between our clients and the church.

Coming Soon to the PHC near you

Volunteer Training: Phase 1

... for all volunteers including board members and coop students
January 9th, 2010 at 9:00a to 4:00p RSVP to Kathy by **January 5, 2010**
 Oshawa site – 29 Drew St., 905-720-3252
 Volunteer Application Forms are available on-line www.pregnancyhelp.ca
 Don't forget your police check.

**MISSIONFEST
 TORONTO**
April 16th – 18th 2010

The PHC will be participating as a presenter with the Pregnancy Care Centre of North York and Jewels for Jesus at this event. Please remember us as we prepare for our topic: "I can't have this baby: What to say to those considering abortion"

Enclosed is my cheque to the "Pregnancy Help Centre of Durham"

I wish to contribute \$ _____ via Credit Card:

[] \$500 [] \$250 [] \$100 [] \$50 [] Other Amount

[] []

Card Number: _____

Expiry Date: _____

Signature: _____

I would like to contribute \$ _____ monthly from this card

I would like to contribute monthly with automatic bank withdrawals. I have enclosed a "VOID" cheque on which I have marked the amount to be withdrawn on the first of each month.

Receipts will be issued at year-end unless otherwise reported.

[] Please include me on your mailing list, as I would like to stay informed about the PHC of Durham.

Name: _____

Address: _____

City/ Province: _____

Postal Code: _____

Phone: _____

Email: _____

Please note: All personal and financial information will be kept confidentially as per current privacy legislation. If you would like to be removed from the mailing list or prayer chain, please allow two week sor so to complete.

- * Are you a youth pastor or leader? We are wondering how we can encourage you in your efforts to educate, motivate and inspire your youth to consider God's way to do love relationships. We have a survey (very quick, of course) that we were wondering if you could complete it on our website www.pregnancyhelp.ca
- * Monthly supporters keep the sites open and ensure that we can continue to operate and grow
- * Website Manager – we need a person who can commit to routinely updating our website and assist in the development of a website specifically for teens and the BOLD (abstinence and prevention) program



PHCOMMUNICATOR

Pregnancy Help Centre of Durham

Director's Report

Christmas is such an exciting time at the Pregnancy Help Centre of Durham. While we continue to provide care to our clients and their families, we get lots and lots of donations. Not only do we get more of the "stuff" we always need (like diapers, formula, clothing and supplies), but we get Christmas gifts too. There is something delightfully chaotic about this time of year.

On one particular winter morning, we had received so many diapers that we were able to give out double our usual amounts. You would have thought it was Christmas already! The mothers were so excited. Well most of them were.

Sitting in the waiting room was a thin, unhappy looking young woman. Kira had come in to vent.

As we had opportunity to speak with her, she shared how she had grown up in a number of foster homes between age 3 and 14 before she ran away from home. Kira has had five pregnancies with three of them ending in abortion. She finally settled into a relationship and had two children with a fellow, but had decided she had had enough of him. Her kids now see him on weekends only. They have been acting out a little bit, but she figured it would work out for the best.

Kira was tired and miserable and feeling very lonely. It was clear that the best had not happened yet in her life. In the breakup of the relationship with the father of her children, she had tried to develop her ties with her birthmother and one of her foster families.

separation of man from Himself through Christ. Kira took scripture and let us pray with her before she left.

What a privilege to share the amazing love of God with those who are alone and lonely. As she braved the snow and cold, she thanked us. She left with extra diapers and a renewed understanding of God's great gift. "It's the most wonderful time of the year!"

Katherine Michel
Executive Director



Even with these attempts to reconnect Kira found herself isolated and unsupported. They tried, but they had never understood her. Kira was sure no one could or would ever be able to.

After hearing her sorrow and her belief that she would always be alone, we shared our faith with her. We explained to her that our greatest isolation is because we are separated from God and He is the one who loves us most intimately. We described how God bridged the

Coming soon (continued)

Two Christmas parties this year!

East Durham
King St. Pentecostal, Oshawa
Dec 9th, 2009

West Durham
Forestbrook Bible Chapel, Pickering Village
Dec 10th 2009

If you would like to contribute towards either party, check out the side insert for details.

You make the difference!

Board Members and Staff:

- Diana Boot - Board Chair, 2005
- Ulric Rollox - Vice-Chair, 2008
- Jacquie Horvat - Treasure, 1999
- Ros Barrettara - Secretary, 2003
- Terry Trotter - Board Member, 2006
- Alice Mosterd - Board Member, 2007
- Bonnie Carter - Board Member, 2009

- Kathy Michel - Executive Durector, 1997
- Susan Sokol - Oshawa Director, 2007
Mentor Coordinator
- Kelly Cameron - Ajax Director, 2005
Prevention Coordinator

Pregnancy Help Centre of Durham

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Phone: 905-720-3252
Fax: 905-720-3253
Email: phcoshawa@durham.net

Ajax site: 572 Kingston Rd. W.
Ajax, ON
Phone: 905-619-9878
Email: phcajax@durham.net

Website: www.pregnancyhelp.ca
Email: phcentre@durham.net



The Christmas Party is our annual celebration with our clients of God's greatest gift of all.

Christmas Party

Oshawa: Dec 9, 2009

Ajax: Dec 10, 2009

Tel: 905-720-3252 (Sue) or 905-619-9878 (Kelly)

If you would like to contribute to our Christmas party we have some specific needs you can choose from:

_____ father gift, _____ mother gift, _____ newborn to one year old gift,

_____ \$10.00 contribution to a Christmas meal for one of our clients.

We will need all contributions by December 2, 2009 to prepare for our parties.



Christmas Party

Pledge:

_____ father gift

_____ mother gift

_____ 0 to 1 year old gift

_____ \$10 Christmas meal

Name: _____

Phone: _____

WINTER 2009